

## **Stoneham Coalition**

### **Monday, February 10th 5:30pm Meeting Minutes: Town Hall Banquet Hall**

#### **Attendance:**

Elle Simoni, Kayla Vodka, Megan Samborski, John Brinkman, Frank Gould, Lois Breault, James Tully, Herlinda Saitz, Liz Parsons, Colleen Goode, Ryan Goyette, Adam Rodgers, John Macero, Pat Healey, Ed Rosa, Dennis Sheehan, Judy Sadacca, Terry Dean, Ryan McGowan-Conran

#### **Welcome / Intro/ Approval of Minutes from Jan – Kayla Vodka/ All- Minutes Approved**

**Effective Polices for Prevention-** Kayla Vodka- Presentation on alcohol policy advocacy. Review of following topics: Tobacco and marijuana restriction recap, social acceptance of alcohol leading to increased abuse among adults, women and youth, the effect of excessive drinking on youth, community's collective responsibility to increase protective factors and support polices that prevent and reduce underage alcohol use. Overview of alcohol use and risk factors on the community level and connection between alcohol use and mental health from 2019 YRBS/ Stoneham High School. Discussion on evidence-based alcohol regulations and what works for prevention, concerning alcohol trends in Stoneham and regulation recommendations to reduce excessive alcohol use. Prevention Advisory committee outlined two top priority items: identify and alcohol enforcement office, establish community substance us advisory board. Group conversation highlighted concerns over lack of BYOB regulation, alcohol density, and enforcement policies. Conversation on next steps for alcohol ongoing.

**Youth Action Coalition-** Pat Healey, Stoneham Schools- Discussion of youth programs to highlight and combat mental health issues among youth in Stoneham. Students will be working in partnership with others in Stoneham school to create a youtube video channel and podcasts topics to highlight how to cope with anxiety and stress.

#### **Upcoming Projects/ Events-**

Parent University Update – 3/21: Overview of current speakers and need for volunteers.

Health & Wellness Fair- 3/28: request for volunteers to manage table/ possible narcan training

Census Day/Stoneham 101- local events to promote within the coalition and community

Free Skate on 2/17 at Stoneham arena

**NEXT MEETING: MONDAY, March 9th, @ 5:30 PM – Town Hall Banquet Hall**