

Stoneham Coalition

June 8, 2020 - 5:30pm Meeting Minutes: Virtual Meeting

Attendance:

Herlinda Saitz, Maureen Buzby, Kayla Vodka, Megan Samborski, Kendra McDonald, Carol O'Loughlin, Lois Gould, Frank Gould, Judy Sadacca, Liz Parsons, Jeanne Houghton, Elle Simoni, Dan Hudson, Colleen Goode, Terry Dean, Judy Sadacca, Adam Rodgers, Anthony Guardia, Martha Oesch, Patrick Carroll, Mike Colotti, Lauren Chambers, Deborah Delman

Welcome / Intro - Kayla Vodka

Mental Health/ Suicide Prevention during COVID- Kendra McDonald presents Samaritans support services during overwhelming time of COVID 19. Samaritans made some temporary changes to programs during the COVID-19 pandemic as volunteers work from home. **24/7 Crisis Services:** Helpline remains open 24/7 for calls and texts at 877-870-4673 as volunteers work remotely to answer calls and texts. **Grief Support Services:** SafePlace meetings will be held **virtually** via Zoom and Webinars are open to the public, offered every Thursday at 3:00 p.m.

Kendra outlines Samaritans education points:

- Grief support services
- Complexities of suicide
- Reducing stigma using language
- Risk factors of suicide
- Warning signs
- Resilience and Risk Mitigation
- How to help/ listening skills
- Crisis line info

Summer June - September Planning and Budget Decisions

Kayla Vodka- present budget/ funding updates for grant and funds left to spend due to travel and cancellation restrictions from covid. **\$31, 798 in funds for programming** --Internships, Health & Safety Guide, Boys and Girls Club programming, partnering with HRC, book purchases. Open discussion and dialogue on supporting youth and important community needs for racial justice/ cultural competency with remainder of funds.

NEXT MEETING: TBA