

## **Stoneham Coalition**

### **November 2, 2020 - 5:30pm Meeting Minutes: Virtual Meeting**

#### **Attendance:**

John Macero, Megan Samborski, Carol O'Loughlin, Herlinda Saitz,,Dennis Sheehan, Cory Mashburn, Mary Lou Hardy, Jim McIntyre, Adam Rodgers, Liz Parsons, Tracy Ascollio, Patrick Carroll, Melanie Mendes, Dan Hudson, Ben and Becky Jacques, Katie Marek, David Stefanelli, Anne Lawrence, Maureen Canova, Deborah Delman, Lois Gold, James Castrucci, Ed Rosa, Shelly MacNeill, Jan Houghton

#### **Welcome / Intro/ Discussion – Carol O'Loughlin, Chair**

Welcome/ Introductions- new attendee introduction/ roll call

**Sector Reports/Announcements** – Youth Update: Megan Samborski gives update on the Youth Action Coalition. Students are brainstorming ways to encourage and support their peers and promote mental health resources during these challenging times. Students will be working on a messaging campaign for schools surrounding safe and healthy ways to cope with anxiety without the use of substances. YAC will also have a hand in creating a student survey to help build data on the topic of racial justice in preparation for a school-wide assembly.

#### **10 Minute Clinic: Maureen Canova, Senior Center-**

Maureen Canova gives an update on senior community in Stoneham and response during the pandemic. Services have included care calls to combat isolation, tea time visits. Anne Lawrence working with intern to further facilitate programs, book mobile in partnership with Stoneham Library. Coalition is hoping to support the senior center in these programs and senior population as we move into the holiday and winter season.

#### **Recovery Community & COVID 19-**

Recovery Community representation from James Castrucci, Observatory Sober Living. James gives update on hardship the pandemic has caused the recovery community and those suffering for SUD. Group conversation regarding meeting spaces and ways to uplift this group in the coming months of further isolation. Conversation about running the Wellness/ Recovery Bag project from 2019 to support this group and visits from recovery coach and SPD.

#### **Community News/ Updates & Discussion-**

October Minutes to be reviewed at December meeting. Sub-group breakouts also to be moved to December agenda. Mission to be reviewed at Dec meeting.

**NEXT MEETING: Monday, December 7, 2020**