

## **SSAC Meeting Minutes**

February 12, 2018

5:30 pm

Stoneham Bank

**Attendance:** Shelly MacNeill (Stoneham Board of Selectmen), Tom Younger (Town Administrator), Kayla Vodka (SA Prevention Coordinator), Elle Simoni (Community Addiction Coordinator), Megan Samborski (Youth Coordinator), Terry Dean (Government Agency), Janice Houghton (Business Community), Carol O'Loughlin (State Agency), Judy Sadaca (Health Prof), Marylou Hardy (Winchester Hospital/Lahey Health), Colleen Goode (Stoneham Public Schools), Elizabeth Parsons (Reg. SA Prevention Coordinator), Lois Breault (Parent), Adam Rodgers (Boys & Girls Club), (Herlinda Saitz (Resident), Paula DiBartolomeo, Anthony Wilson, , Dr. Bruce Doyle (Resident/Dentist), Dr. Mary Petrelli (Dentist), Cory Mashburn (Resident), Peter Burke (Easter Seals Farnum Center), Amy Palmenino (Stoneham TV)

### **January Minutes Approved**

#### **Spending & Future Action Plan**

Health Fair - April 7th, need volunteers

Dental Program - getting resources & supplies.

#### **Task Team Report Back:**

Liz Parsons/Alcohol Policy Update - thanked Coalition for participation in the assessment.

Purpose to determine attitudes and levels of concern regarding underage drinking and gauge level of support among residents for various local policies. Mr. Woy from JRW Associates presented report to Coalition. (see summary)

Discussion of having parent cheat sheet supporting social host law/positive social norm marketing campaign.

Stoneham has tip-line and needs to be publicized more.

Elle Simoni - Update on CIT training, examples of client cases and upcoming events. Teen dance on 3/9 and 3/29 Drop-in Night

Maureen Buzby/Tobacco - Grant ends in June, applied for new grant but did not hit the criteria for grant. Effective July 1, Maureen will not longer be with Stoneham.

Colleen Goode/School - Riverside Community Trauma and Loss Event for parents and students to be held separately at the High School February 16th, 6:30 - 8 pm.

Participating in SHAPE Assessment with MASMHC. Member districts to complete assessment and share resources .

Meg Samborski/Youth - coordinating with Youth Coalition at the High School and eventually starting a Middle School Youth Coalition. Conducted survey with HS students with goal to make more youth led. Shadowed Wakefield youth group. Looking into stipends for youth group. Planning Middle School event for April.

Kayla Vodka/Prevention Coordinator - looking a Action Plan and will be reaching out for community input.

#### **New Business/Announcements:**

Trainings - Megan S. & Kayla

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Herlinda Saitz - Handout to coalition. Discussion of documentary and wording "Substance Disorder/Opioid Victims."

### **Upcoming Events:**

2/15 - Boys & Girls Club - District Attorney presenting Making Good Decisions

3/9 - Teen Dance at Stoneham Town Hall

3/21 - SA Event - drop-in night 6-8 pm

3/22 - Community Conversation about Mental Health, First Congregational Church in Winchester at 6:00 pm

3/27 - Anxiety Event hosted by Wakefield, babysitting provided, 7-9 pm.

4/7 - Health & Wellness Event

5/7 - Town Meeting

### **Next meetings:**

Stoneham Bank @ 5:30

March 5th, April 2nd, May 14th, June 4th

July 9th, August 6th, September 10th, October 1st

November 5th & December 3rd