

## Stoneham Coalition

### February 11, 2019 5:30pm Meeting Minutes: Stoneham Bank

**Attendance:** Simoni (Community Addiction Coordinator), Megan Samborski (Youth Coordinator), Kayla Vodka (Prevention Coordinator), Lauren Constantine (Business Community), Carol O'Loughlin (State Agency), Judy Sadaca (Healthcare), Patrick Carroll (Police/Law Enforcement), Michael Colotti (Police/Law Enforcement) Anthony Guardia (Boys & Girls Club), Peg Drummey (Board of Health), Ed Rosa (Senior Center), Jim McIntyre (SPD), Katie Marek (Healthcare), Herlinda Saitz (resident), Elli Peltola (Mental Health), Lizzie Maclellan (Mental Health), Pat Healey (School District), Ryan O'Connell (Youth), Matt O'Brien (Youth), Mike McNiff (Youth), Maureen Buzby (Regional Tobacco Coordinator) Liz Parsons (MVPHC), Lois Breault (Parent) Frank Gould (Fire)

### Approval of January Minutes

#### CADCA Presentation:

Three junior leaders from our Stoneham High School Youth Action Coalition (Matt O'Brien, Ryan O'Connell, and Michael McNiff) presented their takeaways from their CADCA (community anti-drug coalitions of America) conference trip in Washington DC the week prior. Topics included the low perception of harm amongst marijuana use and the rise of e-cigarette use among youth. YAC leaders presented to the community coalition what actions and initiatives they plan on rolling out in the coming school year including a PSA to combat youth vaping, a building of a group at the middle school and educating parents about substance use among youth.

#### Updates:

**Social Host Bylaw-** will need some updates in language and these changes will need to be passed in May Town meeting.

**Training Budget-** There will be training / seminar budget available and coalition members are encouraged to send suggestions on speakers or interest. Some speakers discussed were Dr Ruth Pote to discuss adolescent brain development and other local speakers surrounding science and vaping.

**Diversion starting at high school and middle school-** Discussion of logistics surrounding new programs. SHS SRO stress importance of training for staff surrounding vaping devices and increasing parent's awareness. Discussed professional development day workshop.

**New Product Update-** Discussions regarding newly identified SPD Drift Sublingual, a sublingual spray with peppermint oil and 100 milligrams of cannabis.

**Opioid Overdose Prevention Trainer-** Carol O'Loughlin gave updates on overdose prevention training and other DMH trainings.

**BYOB-** Discussion surrounding bring your own bottle regulations in Stoneham. Select Board working on preliminary plans to put regulation in place for BYOB businesses.

**Coffee & Conversations-** Pat Healey, Health teachers and YAC Advisor would like to put together a monthly meeting with parents to obtain resources and ask questions about subjects relating to youth safety and health at SHS.

#### Upcoming Events:

Free Skate Mon 2/18/19- 1-2pm

Community Conversations- Sober Homes- 3/7/2019- First Congregational Church

Health & Wellness fair- 4/7/2019 10-1pm

Unplugged Day- 3/5/2019 Ideas

**NEXT MEETING: Monday, March 4<sup>th</sup> 5:30pm at Stoneham Bank**