

## About Us

Visiting Dental Hygiene Associates was founded in 2013 by Emma Lawson.

After graduating from the Dental Hygiene Program at NHTI, Emma began her career in private practice where she served the needs of her patients for over 20 years.

She started Visiting Dental Hygiene Associates because she wanted to provide quality dental care to those who have limited access. Through the use of portable dental hygiene equipment, she can help provide that care.

Emma prides herself on continually learning and staying current in all areas of dental hygiene and prevention.

She aims to provide the VDHA team with leading edge dental information and technology.

She enjoys getting to know her patients on an individual basis in order to provide them with personalized service and a comfortable environment.

Emma lives in Scituate, Ma and enjoys spending her free time at home with her husband and three children.

The goal of the VDHA team is to make dentistry as comfortable as it possibly can be. They also strive to build trusting relationships with each person in their care. With this philosophy in mind, they can provide their patients with exceptional dental care and enhance their overall quality of life.

## The Team



Emma Lawson and the VDHA staff

*We are accepting new patients.  
Call to request an appointment.*

Visiting Dental Hygiene Associates proudly accepts  
Mass Health Dental Insurance, Visa®,  
Mastercard®, and personal checks.

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*Protecting Beautiful Smiles*



**Mobile Dental Hygiene Care**

Emma Lawson, RDH, PHDH

## Services We Provide

- \* Dental Screenings
- \* Oral Cancer Screenings
- \* Personalized Oral Hygiene Instructions
  - \* Prophylaxis
- \* Desensitizing Treatments
  - \* Flouride Treatments
- \* Protective Dental Sealants
- \* Dental Referral Service
  - \* Pregnancy Dental Screenings



### What Is a Public Health Dental Hygienist?

A public health dental hygienist is a practicing registered dental hygienist who may perform dental hygiene procedures in a public health or in-home setting without the supervision or direction of a dentist.

### Why Is Dental Care Important?

Research shows that the health of your mouth can reflect the health of your body as a whole.

Keeping a healthy mouth can actually help prevent many life-threatening diseases.

There have been scientific studies showing the relationship between heart disease, preterm labor, diabetes, respiratory diseases and periodontal (gum) disease.

Saliva is important to maintain the health of your teeth and mouth. It contains enzymes that help limit bacterial growth. A decrease in saliva can cause dry mouth. Medications are one of the most common causes of dry mouth. Your dental hygienist can suggest steps you can take to restore moisture in your mouth.

Proper dental hygiene not only maintains a beautiful smile but can also be your first line of defense against disease.

