

# **Resource Guide:**

- **Department of Transitional Assistance:**

Services Include: Cash assistance for elderly and low income families; food stamps; disability and social security (must go in); funeral expenses for low income families

**Social Services Organization**

**245 Commercial St Malden, MA (781) 388-7300**

- **PT-1 Form for Transportation:**

Through insurance companies such as MA Health, transportation services are provided to give a person rides. These rides must be requested through their medical insurance company and also must be recommended/approved by a physician. The number of your insurance company should be located on the back of your insurance card, call this number to schedule rides today.

- **Probate & Family Court:**

Probate court is where you go for custody, guardianship, or rights to a child. In many situations, where you go for Probate Court may not be where you reside. Probate Court depends on where the case is, for example if you reside in Stoneham, but the child's mother is from Cape Cod, then you will likely attend court in Cape Code. A father has no right to their child unless they were married to the child's birth mother in the state of Massachusetts.

Through Probate Court, you can arrange for custody of the child, it is important to remember that Guardianship is not the same as custody. You can call the courthouse and ask the lawyer of the day on-call for further information. You may also request

supervised visitation with the child's parents through this court, the supervisor can be you yourself or a court supervisor can be arranged as needed. Child support can be requested and mandated in this court as well, the money can be directly deposited through a person's check.

Also a CRA can be filed in Juvenile Court. It is not filed in Probate Court. This is the old standard of Chins. This is for juveniles who are out of control. In the state of Mass the child can get taken away and put into the states custody if the child is out of control. This is usually a last resort measure.

- **Department of Children and Families:**

DCF helps children at risk, helps case manage, and also will make home visits and arrange for therapy sessions. DCF (formally DSS) provides a large variety of services such as parenting classes, day care vouchers, ect. Their goal is NOT TO TAKE CHILDREN AWAY, but to keep children safe.

- **Head Start Program:**

Head Start is a free preschool program for low income individuals. It is usually five days a week.

**457 Main St, Stoneham, MA 02180 (781) 438-3415**

- **Home Modification Program:**

Home Modification is a loan program for elderly to modify their houses in order to fit their needs. For example they supply wheelchair accessible ramps, handrails, and much more

**Northeast/North Shore, MA Region Community Teamwork, Inc (CTI) 155**

**Merrimack Street Lowell, MA 01852 Contact: Alan Trebat 978-654-5741**

**[atrebat@commteam.org](mailto:atrebat@commteam.org)**

- **Reverse Mortgage:**

This is a last resort program. You must talk to your company before qualifying. Talk with an attorney first in order to get an opinion if you qualify.

- **Women, Infants, and Children Program:**

WIC offers free nutritional programs, supply assistance, and healthcare referrals for children under the age of 5. They supply things like free milk, formula, diapers, cheese, bread, and much more. This is not food stamps, it is a Family Support Coordinator Program of Hallmark.

**Please call 781-338-7570 for assistance.**

- **Rental Assistance for Needy Families:**

*RAFT Program:* available for people with children, and offers assistance up to \$3,000.

This is for first and last month rent, and a security deposit. It is for emergency assistance only.

**136 Elm St, Stoneham, MA 02180 (781)-438-1977**

- **Local Resources in Stoneham and Surrounding Areas:**

-*Council on Aging*: Maureen Canova plans fun ideas and events at the Stoneham Senior Center daily, including things such as: housing assistance, SHINE program, food stamps, exercise classes, and more. **Call (781)-438-1157 for more information.**

-*Boys and Girls Club*: helps with summer camps, fun activities, fun nights and events in the Community, holiday programs etc. **15 Dale Ct, Stoneham, MA 02180 (781)-438-6770**

-*Hallmark Health System*: has a rotating food drive and food mobile van, dates are published online. **170 Governors Avenue, Medford, MA 02155 (781)- 979-3000**

-*Stoneham Police Department*: there is a domestic violence advocate Linda Leis located at the Stoneham Police Department if ever needed. **47 Central St, Stoneham, MA 02180 (781)-438-1215**

-*Community Addiction Coordinator*: helps families when a loved one has an overdose or provides help in searching for rehab facilities. **Call Elle Simoni (781)-507-2405 for more information.**

-*Meld Inc.*: helps to provide bedding (linens, comforters, ect) for children and families. **Call (781)-438-1660 for more information.**

-*Stoneham Food Pantry*: located at the First Church in Stoneham. **1 Church Street Stoneham, MA 02180 (781)-438-0097**

- **Emergency Services:**

-**Call 911 in the event of an emergency**

-**Call 211: Like a 411 # but for community services and they will list all agencies**

-*Elliot Community Services*: **5 Chestnut St. Wakefield, MA 01880 (781)-246-5661**

-*Samaritan Suicide Hotline*: **(508)-875-4500**

-*Massachusetts Substance Abuse Referral Helpline*: **(800)-327-5050**

- **Help for Food and Clothing:** your local food pantry, your local church, Good Will Stores, YMCA, Red Cross, Project Bread, Salvation Army, Span Inc
- **For Mental Health Services, Family, and Independent Learning Services:**
  - BAMSI:* provides services for HIV, counseling, Hep C, Community Based Flexible Support Worker, Housing. **Call (508)-580-8700 for more information.**
  - Advocates Inc.:* provides services for developmental delays, crisis, counseling, in home therapy, ect. **Call (508)-628-6300 for more information.**
  - Riverside Community Care:* have special schools, counseling, afterschool programs, mental health respite programs, brain injury programs, Substance Abuse/Mental Health Issues, Clubhouse job training, ect. **Call (781)-329-0909 for more information.**
  - The Home for Little Wanderers:* offers Foster care, Respite for adolescents, adoption and family support services. **Call (671)-267-3700 for more information.**
  - Bournewood Health Systems:* substance abuse center, provides inpatient and outpatient services. **Call (617)-469-0300 for more information.**
  - Justice Resource Institute:* provides services for children, adults, and families; Offers mental health and substance abuse services. Locations are in Needham or Framingham. **Call (781)-559-4900 for more information.**
  - Edinburg Center:* provides services for adults, children, and adolescents with mental health issues, developmental disabilities, and also helps with employment and Community Based Flexible Support Specialists. **Call (781)-862-3600 for more information.**
  - Judge Rotenberg Center:* Residential school for developmental issues located in Canton, MA. **Call (781)-828-2202 for more information.**

-*Wayside Youth and Family*: provides services for mobile crises, residential crises, special education needs, parenting help, trauma or rape support, and partial hospitalizations. **Call (508)-478-6888 for more information.**

-*Quincy Community Action Program*: provides energy assistance, fuel assistance, housing, money management, food and nutritional services, ect. **Call (617)-479-8181 for more information.**

-*Bay State Community Services*: provide services for children with mental health issues, residential assistance, home based therapy, and outpatient therapy. **Call (671)-471-8400 for more information.**

-*Community Counseling of Bristol County*: provides acute care, adult day health, rehab and recovery services, services for elders, HIV services, substance abuse services, DUI classes, in-home therapy, school services, emergency psychiatry services, partial hospitalization services, ect. **Call (508)-823-5400 for more information.**

-*Arbour Counseling Services*: counseling services available state wide. They take state insurance for their services. **Call (617) 731-3200 for more information.**

-*South Bay Mental Health*: trauma institute, provides services for children's behavioral health, early intervention services after a crisis, ect. **Call 508-427-5362 or 1-800-244-4691 for more information.**

-*May Institute*: Outpatient counseling services, brain injury services, Autism school in Randolph, MA, and military family services. **Call (781)-440-0400 for more information.**

-*Tax Department*: DOR's call center hours for tax help are 8:30 a.m. - 4:30 p.m., Monday through Friday. **Call (617)-887-6367 or (800)-392-6089 (toll-free in Massachusetts)**

*-Child Support Services:* Case-specific child support questions should be directed to **(800)-332-2733 (local callers, (617) 660-1234).**

- **Assistance for Trouble Paying Bills:**

*-Salvation Army:* Camp Wonderland in Sharon, overnight camp, shuts off notices, and offers rent assistance.

*-St Vincent De Paul:* offers emergency assistance.

*-Community Addiction Coordinator* offers assistance.

*-LIHEAP program:* Council on Aging and Community Addiction Coordinator for oil, gas and electric payments

- **Hospitals to Visit to Be Evaluated if You Feel Like Harming Yourself or Others:**

*-Worcester Hospital, Pembroke Hospital, Norwood Hospital, Mass General Hospital, Mcleans Hospital, Beth Israel Deaconess Hospital, Taunton State Hospital, Bridgewater State Hospital, Arbour Hospitals, Adcare Hospital, Austen Riggs Center, Human Resource Institute Hospital, Northampton Veteran Affairs Medical Center, Providence Behavioral Health Hospital, The Trauma Center, Providence Behavioral Health Hospital, Milford Hospital, Beth Israel Deaconess Hospital Centers*

- **State Agencies That Can Help You:**

*-Department of Veteran Affairs:* at the Council of Agency Veterans **Call agent Jim Devlin 136 Elm St, Stoneham, MA 02180 (781)-438-1157 for more information.**

*-Department of Mental Health:* helps individuals with severe mental illness. **Call (617)-626-9200 for more information.**

*-Mass Health Connector:* (MassHealth) offers assistance with health insurance. **You can apply online or call 877-623-6765 for more information.**

- **Office of Social Security and Disability:**

- 192 Commercial St, Malden, MA 02148 (800)-772-1213**

- Social Security Income and Social Security Disability Income differ

- Survivors benefits- spouse, father or mother die and next of kin will benefit of work credits

- Can work on SSDI cannot work on SSI