



STONEHAM SUBSTANCE ABUSE COALITION

HELPFUL SUBSTANCE ABUSE RESOURCES

Not sure where to start?

- Stoneham Police Department – Confidential Hotline – 781-438-1215 x3213
- Woburn District Court Task Force 781-935-4000 x267
- State Hotline: 800-327-5050 or visit MA Substance Abuse Education and Information Helpline at <http://www.helpline-online.com/>
- Your school nurse

Insurance Eligibility

- Health Care For All: 617-350-7279, www.hcfama.org
- Most insurers provide a phone number on the back of the membership card to get more information on which programs are accepted.

Outpatient Counseling (local area)

- Riverside Outpatient Center, Wakefield - 781-246-2010, www.riversideecc.org
- Hallmark Health Community Counseling Services – 781-979-3315
<http://www.helpline-online.com/>
- Arbour Counseling – 781-322-1503, www.arbourhealth.com/counseling.htm
- Northeast Behavioral Health – 978-968-1700, www.nebhealth.org
- South Bay Mental Health – Liz Yoder 978-542-1951,
<http://www.southbaymentalhealth.com>
- Psychological Care Associates, Stoneham – 781-646-0500,
www.psychologicalcareassociates.org
- Riverway Counseling Associates, Medford – 781-395-1560, www.riverwaycounseling.net
- Somerville Mental Health, Somerville – 617-623-3278, www.somervillementalhealth.org
- CASPAR, Somerville – 617-628-3850, www.casparinc.org
- Team Coordinating Agency, Inc., Wilmington – 978-694-9997, www.teamca.net
- Right-Turn, Arlington – 781-646-3800, www.right-turn.org (including adolescent assessments)

Substance Abuse and Dual Diagnosis Interventionists

- Association of Intervention Specialists – www.associationofinterventionspecialists.org
- Woody Geissmann, Arlington – 781-646-3800, www.right-turn.org
- Danny Lynch, Norwell – 781-878-9809, www.lynchwellness.com
- Robert Montgomery, Woburn – 781-938-1138

Local Support Groups

- Youth AA meetings are held Friday evenings at 8:00 P.M. at First Baptist Church, Main Street, Stoneham.
- Al-Anon meetings are held Saturday evenings at 7:00 P.M. at St. Patrick's Church, Central Street, Stoneham. Contact www.ma-al-anon-alateen.org or www.al-anon.org
- Families Anonymous, Medford – 800-736-9805, www.familiesanonymous.org
- Learn to Cope – www.learn2cope.org
- Parents Helping Parents, Parents Anonymous, and Parental Stress Line – 800-632-8188, www.parentshelpingparents.org

Substance Abuse & Mental Health Treatment

The following sites allow you to search by city, state and region for treatment programs:

- Substance Abuse Treatment Locator www.findtreatment.samhsa.gov/ or call SAMHSA's 24-Hour Toll-Free Treatment Referral Helpline at 800-662-HELP (800-662-4357)
- Mental Health Services Locator www.mentalhealth.samhsa.gov/databases
- Dept. of Health and Human Services/info and treatment finder: www.mentalhealth.gov

In-Patient Substance Abuse and Mental Health Services

Some units may not have adolescent beds, please ask when calling or work with your primary care provider or counselor to access detox or in-patient behavioral health resources.

- Children's Hospital Adolescent Substance Abuse Program – 617-355-2727, www.childrenshospital.org
- Whidden Hospital, Everett – 617-591-4227, www.challiance.org/whidden
- McLean Hospital, Belmont – 617-855-2000, www.mclean.harvard.edu
- Bournewood, Brookline – 800-468-4358, www.bournewood.com
- Baldpate, Georgetown – 978-352-2131 (requires evaluation by a crisis team prior to admission)
- Adcare Health System – 800-ALCOHOL, www.adcare.com

Other Types of Treatment

- Executive Home Detox – 888-933-8699, www.executivehomedetox.com/

Post Treatment High School (Substance Abuse and Dual Diagnosis)

- Northshore Recovery High School – www.nsedu.org/page14.html

Info for Parents/Families

- U. S. Substance Abuse & Mental Health Services News – <http://www.samhsa.gov/>
- National Families in Action – www.nationalfamilies.org/find-treatment.html
- The Partnership at Drug Free – www.timetotalk.org or <http://www.drugfree.org>
- The Partnership for a Drug Free America – www.justthinktwice.com
- National Institute on Drug Abuse – www.drugabuse.gov
- Nat'l Alliance on Mental Health – www.namimass.org

SUBSTANCE ABUSE TESTING OPTIONS

Testing:

- Urine Testing – Urine drug testing has the longest history of acceptance by the legal community and court system. Urine drug screens also include adulteration and over-the-counter medication detection.
- Oral-Fluid Testing (Saliva) – This type of drug testing is generally utilized by private companies to prescreen prospective employees. It is also used by school systems to ensure drug-free schools.
- Hair Testing – An alternative to urine and saliva screening is Hair Testing. This form of drug testing measures drug use that occurred in the past. Hair testing does not measure current drug use.

Labs:

EMSI – WOBURN

Call 781-376-1806 for instructions
800 W. Cummings Park, Suite 5225
Woburn, MA 01801

CONCENTRA HEALTH CENTER:

On-site urine collection – Unsupervised – Walk-in
978-657-3826
66-B Concord Street
Wilmington, MA

QUEST LABS:

On-site Supervised (Chain of Custody) or Unsupervised Urine Collection
Search testing options by zip code on website

<http://www.questdiagnostics.com/home.html>

DOMESTIC VIOLENCE & SEXUAL ASSAULT

According to the National Sexual Violence Center – www.nsvrc.org

- While substance abuse does not cause domestic violence, there is a statistical correlation between the two issues.
- Studies of domestic violence frequently indicate high rates of alcohol and other drug use by perpetrators during abuse. Not only do batterers tend to abuse drugs and alcohol, but domestic violence also increases the probability that victims will use alcohol and drugs to cope with abuse.
- The issues of domestic violence and substance abuse can interact with and exacerbate each other and should be treated simultaneously. Did you know that 87% of domestic violence program directors agree that the risk of intimate partner violence increases when both partners abuse alcohol or drugs?
- Children who have experienced family violence are at greater risk for alcohol and other drug problems later in life than children who do not experience family violence.
- Evidence suggests that children who run away from violent homes are at risk of substance abuse.
- The National Center on Addiction and Substance Abuse found that 69% of women in treatment for substance abuse say they were sexually abused as children.

Domestic Violence Safety and Support:

Stoneham Police Department – The Department has trained officers to address all types of situations, do not hesitate to call for help. Officers can also advise you on obtaining restraining orders and managing other safety concerns. 9-1-1 or 781-438-1212.

Jane Doe, Inc. – If you are in immediate danger, call 9-1-1 for the police to come to your aid. To talk with someone about your options, call SafeLink at 877-785-2020. SafeLink is a 24-hour, free and multi-lingual hotline for programs in Massachusetts. An advocate can talk with you about your needs and help you identify shelters, programs and other resources. They can connect you to services for both domestic violence and sexual assault.

Visit <http://www.janedoe.org/safety.htm> for more information.